

Pewaukee Parks & Recreation Department

Fall/Winter Program Guide

**RESIDENT registration starts August 12th.
NON-RESIDENT registration starts August 19th.**

262.691.7275

2019

2 Registration Information

Three ways to register

1. Online Registration

You may register online starting August 12 at 8:00 a.m for residents, non-residents may register online starting August 19.

You must pay via credit card (VISA, MasterCard or Discover) when registering online.

There is a \$2.00 NON-REFUNDABLE fee to register online.

To register online, go to <http://www.activityreg.com/clientpage.wcs?clientid=PEWAUKEE&siteid=1> or go to www.cityofpewaukee.us and on the Park/Recreation Department page find "online registration" as a quick link.

2. In-Person Registration

You are welcome to register in-person at our office located at City Hall, W240 N3065 Pewaukee Rd.

In-person registration will start August 12 at 8:00 a.m for residents, non-residents may start registering August 19.

Acceptable forms of payment in-person are cash, check, VISA, MasterCard or Discover.

3. Mail-In Registration

Fill out the registration form. (Feel free to copy)

Identify class ID CODE as it is noted in the guide.

Mail-in registration begins August 12 for residents, non-residents may start mailing in forms August 19. Forms received after these dates will be processed on a first-come, first-served basis. Forms received prior to August 12 will be returned.

You must pay via cash or check when registering by mail.

Confirmation receipts will be emailed to confirm registration.

If a program is full, our office will notify you by phone and return your registration.

Registration Format



Please be aware of the ID CODE that can be found in each program description. When you register using our form, please use the ID CODE as your description for the program you wish to participate in.

Pewaukee Junior Guild Scholarships

The Pewaukee Junior Guild may be able to help you afford Park & Rec programming for your children. Please inquire confidentially by emailing pewaukeejuniors@gmail.com.

Registration Exceptions

Programs are designed according to age and/or instructor/student ratios or level that will best benefit the student.

Please DO NOT ask us to exceed class limits or put your child in the wrong age or skill level.

Refund Policy

Full refunds will not be issued unless a program is cancelled by the Parks & Recreation Department. Participants who request a refund not less than 1 week prior to the first day of the program will receive a 50% refund. Requests within one week of program start or after program start will not receive a refund except in the case of a medical reason documented by a physician or if the individual's spot can be filled by an individual on the waitlist.

Photo Release

Pewaukee Parks and Recreation may take photos of our programs for promotional purposes. If you do not wish to have your photo taken, please notify the photographer and our office.



1 CLASS PASS! Do you want to try a fitness class before committing to it? Request a 1-class-pass from our office for one fitness class of your choice. It's free! You will be required to fill out a form and either email, fax or stop by our office to receive your pass. Passes may be used on classes with this image next to it. Some exclusions apply.

REGISTRATION FORM

Name _____
(Parent name if participant is under 18)

Address _____

City, State, Zip _____

Email _____

Phone #s _____
Primary Phone #

_____ Alternative Phone #

_____ Emergency Contact Phone #

Emergency Contact _____

ID CODE	PARTICIPANT'S FIRST NAME	DATE OF BIRTH	GRADE	GENDER	T-SHIRT SIZE	WAITING LIST	FEE
3 0 0 0 3	TAYLOR (SAMPLE)	5/3/10		F	YS	Yes	15.00

I, the undersigned, do hereby agree to allow the individual(s) named herein to participate in the activity(ies) indicated. I am aware of and understand that there may be potential risks inherent with participation in any recreation activity, and the Village and City of Pewaukee does not provide accident insurance and cannot assume responsibility for injury to any participants in its recreation programs. I further understand the eligibility requirements for the program as stated in the Department brochure.

Signature _____

PARTICIPANT PARENT GUARDIAN

TOTAL FEES \$ _____

This form may be copied

Preschool/Youth Programs 3

PRESCHOOL ENRICHMENT

ages 3-4 years

We love preschoolers and are happy to share these exciting classes this fall! Our classes focus on all sorts of fun activities but also on skill building in the areas of listening, following directions, social interactions, and independence. Classes are not set up for parent viewing, but parents are encouraged to come 10 minutes early for the first class to meet the instructor. (min. 5, max. 10)
 TIME: 10:00-11:00 am
 LOCATION: Wagner Park
 FEE: \$36 res. / \$46 non-res. per session

MESSY HANDS ART

Did you know that messy play is a great way for kids to create and grow? Parents! Your child can enjoy all the messy fun without you having all the clean up! This class will allow your child to explore through art, sensory activities and play. Children should wear an art smock.
 DATES: Tuesdays, Sept. 10-Oct. 1
 ID CODE: 50001

MAGIC AND MYSTERY

If your preschooler dreams of the fire of dragons and mystical unicorns, or of pirates and mermaids and all things magic, don't miss this class! Each week will be filled with stories, activities and crafts that will ignite your child's imagination!
 DATES: Tuesdays, Oct. 8-Oct. 29
 ID CODE: 50002

LITTLE CHEFS

Get set for some preschool cooking fun! This class will have weekly themes that include a story and an introduction to cooking skills while making a tasty treat!
 DATES: Tuesdays, Nov. 5-Nov. 26
 ID CODE: 50003



FUN WITH DANCE

ages 3-4 years

Your preschooler will practice basic ballet and creative movement using fun props to keep your child interested and excited throughout the whole class! ATTIRE: Comfortable clothes to move in & ballet slippers/socks with rubber tread. *Instruction provided by Lori Heckel of To the Pointe Dance Academy.* (min. 6, max. 8)
 DATES: Fridays, Sept. 27-Nov. 15
 TIME: 5:20-5:50 pm
 LOCATION: Wagner Park
 FEE: \$80 res. / \$90 non-res.
 ID CODE: 50004

SUGAR PLUM FAIRY PARTY

ages 4-6 years

Does your child love princesses and fairies? Join us for an imaginative story of the ice fairies of Wisconsin! Children will enjoy story time, have a special snack, make teacup fairy homes and have a visit from the Ice Fairy!
 (min. 4, max. 8)
 DATES: Tuesday, Dec. 3
 TIME: 10:00-11:00 am
 LOCATION: Wagner Park
 FEE: \$12 res. / \$22 non-res.
 ID CODE: 50005



DANCE MIX

ages 5-7 years

This program is a great introduction to the basics of dance. Children will be exposed to Ballet, Jazz, Lyrical and Tap dance elements through choreography and lessons. A performance will be held on the last day of class. ATTIRE: Girls: Leotard & tights, ballet slippers. Boys: Athletic shorts/pants, black T-shirt and ballet slippers. (min. 6, max. 10)
 DATES: Fridays, Sept. 27-Nov. 15
 TIME: 4:30-5:15 pm
 LOCATION: Wagner Park
 FEE: \$88 res. / \$98 non-res.
 ID CODE: 50006

LEARN TO ICE SKATE

ages 4-12 years

This class develops youths' basic ice skating skills. Youth will develop confidence on the ice by learning forward and backward skating, turns and stops, and falling and recovery. This is a cooperative program with the Waukesha County Parks System and local communities. It is suggested that young children bring helmets (bike or other helmet is fine) to the class. Dress warm and come early to allow time to get skates on before class. Total class size is 30 skaters. Groups will be divided by age.
 DATES:
Session 1: Saturdays, Sept. 21-Oct. 26
 TIME: see below
4-6 yrs (7 spots): 1:45-2:15 pm 50007
7-12 yrs (7 spots): 2:15-2:45 pm 50008
Session 2: Saturdays, Nov. 2-Dec. 14
 (no class Nov. 30)



TIME: see below
4-6 yrs (7 spots): 1:45-2:15 pm 50009
7-12 yrs (7 spots): 2:15-2:45 pm 50010
 LOCATION: Naga-waukee Ice Arena
 FEE: \$65 res. / \$75 non-res. per session

BUILDING BRIDGES

ages 6 through adult

The Building Bridges initiative is an intergenerational program designed to bridge the gap between our youngest and oldest participants. Each class in this series will bring joy to both the children and the adults who participate in a setting that is open and friendly to all ages and abilities. Bring a child or grandchild or simply bring yourself!

AUTUMN NATURE & WOODLAND ANIMALS

Beautiful bright fall colors and all our furry forest friends will inspire you to create an autumn masterpiece with acrylic paint on canvas. No painting experience necessary – bring your family and enjoy the fun. (min. 10, max. 12)
 DATE: Monday, Sept. 23
 TIME: 5:30-6:45 pm
 LOCATION: Wagner Park
 FEE: \$9 res. / \$19 non-res.
 ID CODE: 50011

HANDMADE GIFTS FOR THE FAMILY

Nothing says love like a gift from the heart! During this class you will make 3-4 gifts for friends and family. You will also snack on holiday treats while you create!
 (min. 10, max. 12)
 DATE: Thursday, Dec. 12
 TIME: 5:30-6:45 pm
 LOCATION: Wagner Park
 FEE: \$16 res. / \$26 non-res.
 ID CODE: 50012

BADGES 'N BUDDIES

ARCHERY ages 7+ years

Test your archery skills! Enjoy a pizza lunch and practice safe archery while learning about safe hunting. All equipment provided or you can bring your own equipment as long as it is properly cased. (min. 10, max. 12)
Child can only register for one date.
 LOCATION: South Park
 FEE: FREE to res./\$6 per non-res.
 DATES/TIMES: see chart below



ARCHERY DATES/TIMES			
	Oct. 18	Nov. 27	Dec. 27
9-11:30 am	50021	50023	50025
11:30-2 pm	50022	50024	50026

4 Youth/Adult Programs

INSTRUCTIONAL FLAG

FOOTBALL LEAGUE



grades 1-4

Our youth flag football program is for children who are interested in learning the fundamentals of football in a non-contact environment. Emphasis is on beginning to intermediate football concepts in a positive and structured environment. Players will learn how to throw, catch, run routes and other aspects of the game that will keep them active and help them develop skills such as hand-eye coordination. Volunteer coaches will lead teams in instructional practices for the first two weeks of the season. The rest of the program will include additional time for instruction followed by games each week. The program will conclude with an exciting night of play at the Pewaukee High School Football Field. (max. 48 per age group)

Head coaches will have their child's registration fee reimbursed at the end of the season. To sign up to coach, contact: kaskey@pewaukee.wi.us. One head coach per team, assistant coaches encouraged.

DATES: Thursdays, Sept. 19-Oct. 31
TIMES:

1st-2nd grade: 5:00-6:15 pm

50013

3rd-4th grade: 6:15-7:30 pm

50014

LOCATION: Kiwanis Village Park

FEE: \$62 res. / \$72 non-res.

All children receive a T-shirt & practice pack courtesy of Pewaukee Football.



RECREATIONAL TREE CLIMBING

ages 7+ years

Fun, fitness, adventure! Peaceful and invigorating, recreational tree climbing allows climbers to ascend into and explore trees safely. Gain a new appreciation for trees, nature and your County Parks. Recreational tree climbing is a unique activity that can be enjoyed by an individual, or in small groups, and is especially rewarding to families. *All gear and instruction is provided. Participants should wear long pants, sturdy shoes, and bring a sense of adventure!* Cooperative program with Waukesha County Parks. (max. 3)

DATE: Tuesday, Sept. 17
TIME: 4:00-6:00 pm
ID CODE: 50015
DATE: Sunday, Oct. 20
TIME: 11:00 am-1:00 pm
ID CODE: 50016
LOCATION: Menomonee Park,
W220 N7884 Town Line Rd., Menomonee Falls
FEE: \$38 res. / \$48 non-res.
(park entrance fee included)

ARTSY KIDS!

ages 6-12 years

The following classes are taught by certified art educators and artists, Richard and Cherrie Larson of Artbark Studios. (min. 5, max. 10) LOCATION: Wagner Park

OUTER SPACE MEETS THE GREAT OCEAN: LET THE BATTLE BEGIN!

Participants will combine art and science as they create projects bubbling from the sea and falling from the sky. Aliens and ocean creatures collide in this extra exciting art program!

DATES: Thursdays, Sept. 12-Oct. 17

TIME: 5:15-6:30 pm

FEE: \$48 res. / \$58 non-res.

ID CODE: 50017

WILD WEST ARTIFACTS

The Wild, Wild West wasn't all showdowns and horse wrangling! Explore the art of the era through stories, and historical artifacts that will inspire much more art discovery and excitement!

DATES: Thursdays, Oct. 24-Dec. 5 (no class 11/28)

TIME: 5:15-6:30 pm

FEE: \$48 res. / \$58 non-res.

ID CODE: 50019

ROCK CLIMBING

Adventure Rock Youth Classes are the perfect balance of fun, learning and climbing. Experienced A-Rock Coaches will help your child learn the basics of rock climbing in an age appropriate setting. During these 4 class sessions, kids will experience climbing movement, safety and teamwork.

Approach Class (Ages 5-7)

Wednesdays 4:30-5:30 pm

Saturdays 9:00-10:00 am

Traverse Class (Ages 8-10)

Wednesdays 5:45-6:45 pm

Saturdays 10:00-11:00 am

Summit Class (Ages 11-13)

Wednesdays 7:00-8:00 pm

Saturdays 11:00-12:00 pm

All classes are \$75 and held at Adventure Rock on Capitol Drive. TO REGISTER call Adventure Rock at 262-790-6800.

Session Dates Wednesdays

Sept. 11-Oct. 2

Oct. 9-30

Nov. 6-Dec. 4

Session Dates Saturdays

Sept. 7-28

Oct. 5-26

Nov. 2-23

ZUMBA

Zumba and Zumba Gold fitness classes fuse hypnotic Latin rhythms and easy to follow moves to create a one of a kind fitness program. Join Jane for traditional Zumba on Thursday evenings or the popular Zumba Gold, a more accessible class for seniors or anyone needing modifications in their exercise routine on Mondays. **Register on-site only.**

See website for location and times! Jane123.zumba.com

For more information and session dates contact Jane Schmidt at 414-759-0427 or email janeschmidt20@yahoo.com.

Now accepting credit cards!

THE GREAT KALEIDOSCOPE OF ART

Artist will learn new art designs, techniques and mediums while creating a personal style through their art! Each art project tells a story about the artist...what's your story?

DATES: Mondays, Sept. 30-Nov. 4

TIME: 5:15-6:30 pm

FEE: \$48 res. / \$58 non-res.

ID CODE: 50018

HOLIDAY GIFT MAKING WORKSHOP

Children will create thoughtful handmade holiday-themed gifts for the special people in their lives. There is nothing more special than to receive a gift made from the heart and hands of a child!

DATES: Mondays, Nov. 18-Dec. 9

TIME: 5:15-6:30 pm

FEE: \$44 res. / \$54 non-res.

ID CODE: 50020

ADULT JAZZERCISE

ages 14+ years

Visit www.jazzercise.com for more information.

You want that look good, feel great, got-my-stride-on-and-you-love-it confidence? That's where we come in. Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast. Incinerate up to 800cph (that's calories per hour) in one 60 minute class. Our classes — Dance Mixx, Interval, Fusion, Core, Strike, and Strength — will leave you breathless, toned and coming back for more. Expect to feel results after 3 classes and expect to stick with it. Why? Because it works. So stop working out. Start working it...with Jazzercise. 15 classes/week.

SCHEDULE: M,W 5:15pm & M, T, W, TH 6:00pm

Horizon School 458 Lake Street

T, TH 6 am, M,T,W,TH,F 8:45am & Sat and Sun 8:15am

Fred Astaire Dance Studio 615 Ryan St

OFFER: \$99 for 3 months (Unlimited classes).

(New customers only or those that have not attended for 3 mos. or longer)

Register in class or call: 262-370-1821 or

emailpewaukeejazz@gmail.com.

Visit www.jazzercise.com for more information on class format and learning the moves. Credit Cards Accepted.

Adult/Senior Programs 5

BASIC YOGA BLEND

1 CLASS

Learn the basic postures, strengthen and tone muscles, enhance flexibility and balance, and learn breathing and meditation techniques. This class is designed for those with some yoga experience and beginners. **Bring your own yoga mat.** (min. 6, max. 12)

DATES: Tuesdays or Thursdays, see below

TIME: 4:30-5:30 pm

TUESDAYS

LOCATION: Wagner Park

Session 1: Sept. 10-Oct. 15 **60000**

FEE: \$42 res. / \$52 non-res. per session

Session 2: Oct. 22-Nov. 26 **60001**

FEE: \$42 res. / \$52 non-res. per session

Holiday Session: Dec. 3, 10, 17 **60002**

FEE: \$21 res. / \$31 non-res. per session

THURSDAYS

LOCATION: Nettesheim Park

Session 1: Sept. 5-Oct. 10 **60003**

FEE: \$42 res. / \$52 non-res. per session

Session 2: Oct. 17-Nov. 21 **60004**

FEE: \$42 res. / \$52 non-res. per session

Holiday Session: Dec. 5, 12, 19 **60005**

FEE: \$21 res. / \$31 non-res. per session

YOGA

Yoga uses movement and breath together to produce a "flow" of postures that lead naturally from one to the next to create a deep and soothing yoga practice that recognizes each student's individual strengths and limitations. A wide offering of postures and techniques may be offered in this class. Some yoga experience recommended. **Bring your own yoga mat.** (min. 6, max. 16)

DATES: Mondays, Tuesdays or Thursdays

MONDAYS, 10:00-11:00 am

LOCATION: Nettesheim Park

Session 1: Sept. 9-Oct. 14 **60006**

FEE: \$42 res. / \$52 non-res. per session

Session 2: Oct. 21-Nov. 25 **60007**

FEE: \$42 res. / \$52 non-res. per session

Holiday Session: Dec. 2, 9, 16 **60008**

FEE: \$21 res. / \$31 non-res. per session

TUESDAYS, 5:45-6:45 pm

LOCATION: Wagner Park

Session 1: Sept. 10-Oct. 15 **60009**

FEE: \$42 res. / \$52 non-res. per session

Session 2: Oct. 22-Nov. 26 **60010**

FEE: \$42 res. / \$52 non-res. per session

Holiday Session: Dec. 3, 10, 17 **60011**

FEE: \$21 res. / \$31 non-res. per session

THURSDAYS, 5:45-6:45 pm

LOCATION: Nettesheim Park

Session 1: Sept. 5-Oct. 10 **60012**

FEE: \$42 res. / \$52 non-res. per session

Session 2: Oct. 17-Nov. 21 **60013**

FEE: \$42 res. / \$52 non-res. per session

Holiday Session: Dec. 5, 12, 19 **60014**

FEE: \$21 res. / \$31 non-res. per session

COOKING

DEMONSTRATIONS

Cooking demonstrations by Staci Joers. You'll enjoy an evening of cooking and entertainment. Plus, you'll sample the food and take home the recipes. Staci has an associate degree in the culinary arts and has worked for several prestigious establishments. (max. 22)

DATES: See below

TIME: 6:30-9:00 pm

LOCATION: Wagner Park

FEE: \$25 per person, per date

60015 WAFFLES, WAFFLES, WAFFLES!

DATE: Monday, Sept. 16

Waffles are traditionally a breakfast food with the characteristic honeycomb pattern that can be served in any number of different ways. We are going to deviate from tradition a bit and take them from breakfast thru dinner.

You'll enjoy these creative offerings...

Cheddar and Bacon Waffles with Rosemary infused Maple Syrup; Fried Chicken and Cornbread Waffles; Cake Batter Waffle with Violet dipping glaze

60016 MEXICAN RESTAURANT KNOCK-OFF FAV'S!

DATE: Monday, Nov. 11

Mexican and Tex-Mex food continues to be the most popular cuisines in America. Tonight I'll show you how to make some of your restaurant favorites at home. If you don't like Mexican food, well, I've got some questions for you! You'll sample...

Chicken Flautas with Avocado Cream; Restaurant-style Mexican Rice; Jalapeno-scented Re-fried Beans; Mandarin Orange Cake with Semi-homemade Cinnamon Ice Cream

60017 ARTSY APPETIZERS FOR THE HOLIDAYS

DATE: Monday, Dec. 16

With the holidays fast approaching you'll be entertaining and in need of new ideas and inspiration. I'll show you some quick and easy appetizer recipes that only look hard to prepare. You'll receive tons of information on creating a festive holiday gathering without all of the normal stress. Lots of recipes included, because, after all, you can never have enough appetizer recipes in your repertoire.

You'll sample...

Seafood fortune cookies with Thai Sweet n Sour Sauce; Pork Sausage sliders on Pretzel Bites with Bacon Jam; Portobello Mushroom "fries" with Creamy Basil-Balsamic Dipping Sauce; Cucumber Cups with salmon mousse

ADULT/SENIOR GOLF LESSONS

Join PGA golf pro Rob Elliott at Pewaukee Golf Club to build your golf skills and knowledge. Participants will learn grip, stance and swing, driving, irons, bunker shots, chipping and putting. This class is designed for the beginner to advanced beginner player in mind. (min 5, max 10)

DATES: Wednesdays, Aug. 21, 28, Sept. 11, 18, 25

Adults (all ages): 5:30-6:30 pm **60029**

Senior Friendly (specifically designed for mature golf enthusiasts): 1:00-2:00 pm **60030**

LOCATION: Pewaukee Golf Club

FEE: \$108 per person

ADULT SPANISH

Join us on a journey to learn the Spanish language! Enjoy the rewards of life-long learning while gaining the skills to connect to Spanish-speaking members in our community. The beginner level is an introductory course in which participants will learn to speak entry-level conversational Spanish. The Continuing level is for those who have previously taken our summer Spanish class or that already have some experience with the language. Laura Jimenez Figueroa is a bilingual teacher and tutor and will bring you Spanish language through activities, music and socialization! (min. 4, max. 8)

DATES: Tuesdays, Sept. 10-Oct. 15

TIME: see below

Beginner: 5:30-6:30 pm **60018**

Continuing: 6:35-7:35 pm **60019**

LOCATION: South Park

FEE: \$61 res. / \$71 non-res.

TAI CHI

Tai Chi is a holistic approach to wellness (including mind, body, & spirit) and concentrates on relieving the physical effects of stress on the body and mind. The focus and calmness of Tai Chi has proven helpful in maintaining optimum health. Are you a beginner? We encourage you to come to our 'Try It' event on Friday, Sept. 6. Meet the instructor and see if Tai Chi is right for you! Please register for this event. (min. 4, max. 12)

Try It: Friday, Sept. 6

TIME: 12:45-1:45 pm

FEE: Free!

ID CODE: **60038**

DATES: Fridays, see below

LOCATION: South Park

FEE: \$30 res. / \$40 non-res. for Advanced & Continuing
\$25 res. / \$35 non-res. for Beginner

	Advanced: 10:15-11:30 am	Continuing: 11:40-12:40 pm	Beginner: 12:45-1:30 pm
Session 1: Sept. 13-Oct. 11	60020	60021	60022
Session 2: Oct. 18-Nov. 15	60023	60024	60025
Session 3: Nov. 22-Dec. 20	60026	60027	60028

6 Adult/Senior Programs

POSITIVELY FIT

Formerly Senior Fitness

Have fun with other active Seniors and stay fit with lively music and a low impact fitness program that combines cardio, strength/endurance, flexibility and balance techniques to improve functional fitness and inspire an active lifestyle. Meet new people and enjoy a work out that is adaptable for all fitness levels. Class uses a variety of equipment including hand-held weights, flex balls and elastic tubing with handles. Chairs are also used for seated work and/or standing support.

NOTE: Level 2 classes include a more robust cardio followed by strength and balance training. (min. 5, max. 18)

MONDAYS

Session 1: Sept. 9-Oct. 7,

Level 2 10:15-11:15 am **60031**

Level 1 11:30-12:30 pm **60032**

Session 2: Oct. 14-Nov. 11

Level 2 10:15-11:15 am **60033**

Level 1 11:30-12:30 pm **60034**

Session 3: Nov. 18-Dec. 16

Level 2 10:15-11:15 am **60035**

Level 1 11:30-12:30 pm **60036**

THURSDAYS

Session 1: Sept. 5-Oct. 3 **60037**

Session 2: Oct. 10-Nov. 7 **60038**

Session 3: Nov. 14-Dec. 19 **60039**

(no class 11/28)

TIME: 10:15-11:15 am

LOCATION: Wagner Park

FEE: \$14 res. / \$24 non-res. per session

ESSENTRICS -

AGING BACKWARDS

This gentle, full-body workout focuses on improving mobility and providing relief for stiff joints, frozen shoulder and chronic aches and pains. No matter your age or fitness level, this program is a great place to start for those who are beginning to exercise after a long sedentary period.

(min. 5, max. 8)

DATES: Thursdays, see below

Session 1: Sept. 5-Oct. 3 **60040**

Session 2: Oct. 10-Nov. 7 **60041**

Session 3: Nov. 14-Dec. 19 **60042**

(no class 11/28)

TIME: 9:00-10:00 am

LOCATION: Petit Pas Ballet Studio
210 Oakton Avenue

FEE: \$62.50 res. / \$72.50 non-res. per session

BRAINS & BALANCE

1 CLASS

This class is designed for active older adults who know the importance of staying mentally sharp and physically stable. A variety of balance challenges will be used while you exercise your brain. **Trish, the instructor, makes this class fun and interesting by incorporating new and previously learned elements in each class!** (min. 5, max. 10)

DATES: Fridays, see below

Session 1: Sept. 20-Oct. 18 **60043**

Session 2: Oct. 25-Nov. 22 **60044**

TIME: 10:00-11:00 am

LOCATION: Wagner Park

FEE: \$14 res. / \$24 non-res. per session

CHAIR YOGA

Enjoy the benefits of Yoga in a safe, gentle program. Increase flexibility, range of motion and core strength. The chair replaces the yoga mat and becomes an extension of your body, allowing you to take full advantage of yoga's amazing fitness & health potential. Great for those with disabilities, weight challenges, inflexibility, or who just cannot get on the floor for whatever reason. (min. 5, max. 18)

DATES: Thursdays, see below

Session 1: Sept. 5-Oct. 3 **60045**

Session 2: Oct. 10-Nov. 7 **60046**

Session 3: Nov. 14-Dec. 19 **60047**

(no class 11/28)

TIME: 9:00-10:00 am

LOCATION: Wagner Park

FEE: \$25 res. / \$35 non-res. per session

MORNING ZUMBA GOLD

This class is perfect for active older adults who are looking for a fun, exciting, modified class that offers cardio exercise at a lower intensity. Join instructor, Jenny, to experience Zumba Gold! Once you try it, you will love it! (min. 5, max. 18)

DATES: Mondays, see below

Session 1: Sept. 9-Oct. 7 **60048**

Session 2: Oct. 14-Nov. 11 **60049**

Session 3: Nov. 18-Dec. 16 **60050**

TIME: 9:00-10:00 am

LOCATION: Wagner Park

FEE: \$14 res. / \$24 non-res. per session

ZUMBA TONING

This class is tailored to adults who want to focus on muscle conditioning and light weight activity. This class blends the class you love at a slower pace with a total body workout using Zumba Toning Sticks to shake up those muscles. Toning sticks provided. (min. 5, max. 18)

DATES: Wednesdays, see below

Session 1: Sept. 11-Oct. 9 **60051**

Session 2: Oct. 16-Nov. 13 **60052**

Session 3: Nov. 20-Dec. 18 **60053**

TIME: 9:00-10:00 am

LOCATION: Wagner Park

FEE: \$14 res. / \$24 non-res. per session

HIKING CLUB

This hiking club is for Boomers+ that want to get out and enjoy some of the area's beautiful trails with company. Most hikes are not strenuous, but because of the local terrain, one needs to be steady on the feet. Distances are usually in the 2-4 mile range, the pace is moderate, and the leader makes stops to view scenery. Information about where to meet for each location will be sent in late August. **Carpooling is encouraged. Participants will be responsible for park entrance fees if applicable. Pre-registration is required. Transportation not included!** (min. 6, max. 24)

FRIDAYS

DATES: Sept. 6, 20, Oct. 4, 18

TIME: Meet at 5:15 pm

FEE: FREE to res. / \$15 for non-res.

ID CODE: **60054**

SATURDAYS

DATES: Nov. 2, 9, 16, 23

TIME: Meet at 11:00 am

LOCATION: Meeting spots for each location will be emailed prior to each date.

FEE: FREE to res. / \$15 for non-res.

ID CODE: **60055**

Looking for your favorite FREE events? See page 7 for details about the Super Senior Open House and Senior Holiday Social!

SAFARI LAKE GENEVA & PEARCE'S FARM

ages 18+ years

Reserve your seat now for a guided safari expedition of a unique sanctuary including animals from 5 different countries, living in virtually free-range conditions. We will eat lunch at the beautiful "Red Geranium", and then head to Pearce's Farm where we will enjoy a hayride tour of this amazing, well known, facility. A stop at their market will give you an opportunity to purchase some of the highest quality fresh fruits and vegetables, and shop for jams, jellies, local honey, and more. Please indicate your choice of Grilled Chicken "Angelina" or Black Angus Chopped Steak. **Register by August 20.** (max. 6)

DATE: Tuesday, Sept. 10

Pickup Location: Sussex Civic Center

TIME: Departure from Sussex: 8:45 am

Expected return: 4:30 pm

FEE: \$84 res. / \$89 non-res.

ID CODE: **60031**

WARREN'S CRANBERRY FESTIVAL

ages 18+ years

At the World's largest Cranberry Festival, you will enjoy over 70 different food booths, 850 art and craft booths and over 100 farmers' market booths! A coach bus will be provided along with coffee and donuts prior to departure. For more information, check out cranfest.com. **This is an all day walking trip.** (max. 25)

Register by Sept. 13.

DATE: Saturday, Sept. 28

Pickup Location: Sussex Civic Center

TIME: Departure from Sussex: 7:00 am

Expected return: 8:30 pm

FEE: \$39 res. / \$44 non-res.

ID CODE: **60033**

CHICAGO SHOPPING

ages 18+ years

Head out to the 'Windy City' on your year-end shopping trip this holiday season! The morning will start with coffee and sweets prior to loading a coach bus for a smooth ride to downtown Chicago. The bus will take you to the heart of the shopping mecca where you will be able to spend the day as you wish. *Drop off location near Michigan & Grand.* (min. 30, max. 45)

DATE: Saturday, Dec. 7

TIME: 8:30 am-8:00 pm

LOCATION: Wagner Park (Departure)

FEE: \$38 res. / \$48 non-res.*

*Fee includes transportation, tip and coffee/bakery.

ID CODE: **60035**

SOMETHING ROTTEN

ages 18+ years

Join us as we head to the Marriot Theater to see "The funniest musical comedy in at least 400 years - *Something Rotten!* Set in 1595, this Broadway smash tells the story of two brothers who are desperate to write the very first musical hit play but are stuck in the shadow of a Renaissance rock star known as "The Bard." Then amidst the scandalous excitement of opening night, the Brothers realize that *Something Rotten* is going on! We will be eating lunch prior to the show. Please indicate your choice of Sliced Roast Beef or Sautéed Whitefish. **Register by Sept. 5.** (max. 6)

DATE: Wednesday, Oct. 9

Pickup Location: Sussex Civic Center

TIME: Departure from Sussex: 9:00 am

Expected return: 6:15 pm

FEE: \$89 res. / \$94 non-res.

ID CODE: **60034**

MAKING SPIRITS BRIGHT

ages 18+ years

This trip is sure to get you in the Christmas spirit! Our first stop will be at The Wreath Factory in Plymouth where you will decorate your own 20" fresh evergreen wreath, and shop in their amazing gift shop. Lunch will be served at the beautiful Osthoff Resort. After lunch we will explore the many shops and different food vendors at the Christmas Market, and enjoy a drive through the "Making Spirits Bright" Christmas Lights display. Please indicate your choice of a Turkey Avocado Sandwich, Chicken Salad Sandwich, or a Mediterranean Vegetable Sandwich when registering.

Register by Nov. 14. (max. 6)

DATE: Thursday, Dec. 12

Pickup Location: Sussex Civic Center

TIME: Departure from Sussex: 9:30 am

Expected return: 6:45 pm

FEE: \$84 res. / \$89 non-res.

ID CODE: **60036**

FREE SPECIAL EVENTS FOR SENIORS!

SUPER SENIOR OPEN HOUSE

Join Pewaukee Parks & Recreation for the 7th annual Super Senior Open House! This event will offer informative booths, screenings, demonstrations, raffles and door prizes and a light lunch. Guest speaker will start at 11:00 am with mingling to follow. **Pre-registration preferred.**

(max. 75)

DATE: Friday, Sept. 13

TIME: 11:00 am-1:00 pm

LOCATION: Pewaukee City Hall,
Common Council Chambers

FEE: **FREE**

ID CODE: **60032**

SENIOR HOLIDAY SOCIAL

Join our staff and friends for our annual Senior Holiday Social! This fun event is open to Seniors in Pewaukee and surrounding communities. Bring a dish to pass and a white elephant gift for the gift exchange! We have set up some fun, interactive games and activities, and all participants will leave with a goody bag courtesy of the Parks & Recreation Department. Holiday music will set the theme for the day, so relax and enjoy the holidays with us! (max. 60)

DATE: Friday, Dec. 13

TIME: 11:00 am-1:00 pm

LOCATION: Pewaukee City Hall,
Common Council Chambers

FEE: **FREE** – *please bring a dish to pass (serving 12)*

ID CODE: **60037**

Pewaukee Parks & Recreation Department

W240 N3065 Pewaukee Road
Pewaukee, WI 53072

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DEPARTMENT INFORMATION

NICK PHALIN, CPRP

Parks & Recreation Director

MONICA KASKEY, MSRA, CPRP

Recreation Supervisor

KEITH HEPP

Park Maintenance Supervisor

Pewaukee Joint Parks & Recreation Board

Del Kaatz, Todd Greenwald, Amy Brimmer

Dave Linsmeier, Gary Majeskie

City Council Liaison

Alderman Brian Dziwulski

Village Board Liaison

Trustee Robert Rohde

City Administrator

Scott Klein

Village Administrator

Scott Gosse

Pewaukee Parks & Recreation

W240 N3065 Pewaukee Road

Pewaukee, WI 53072

OFFICE HOURS:

Monday-Friday

8:00 am - 4:30 pm

262.691.7275 (PARK)

fax 262.691.6078

web: www.cityofpewaukee.us

www.villageofpewaukee.us

WINTER BUILDING RENTAL

BUILDING RESERVATION PARK	Resident		BUSINESS		Deposit
	Resident	Non-Resident	Resident	Non-Resident	
Nettesheim	\$20/hr	\$40/hr	\$40/hr	\$160/hr	\$200
South	\$20/hr	\$40/hr	\$40/hr	\$160/hr	\$200
Wagner	\$30/hr	\$60/hr	\$50/hr	\$180/hr	\$200

*2 hour minimum rental for Nettesheim and South

*2 hour minimum rental for Wagner October 1 - April 30

*4 hour minimum rental for Wagner May 1 - September 30

City Parks

Balmer.....N44 W23875 Lindsay Rd.
Nettesheim.....N26 W27495 Prospect Ave.
Pewaukee Sports Complex.....N45 W23400 Lindsay Rd.
South.....N5 W27300 Northview Rd.
Springdale.....W226 N2400 Oakwood Ln.
Wagner.....N31 W23320 Green Rd.

HOSPITAL/MEDICAL INSURANCE

The Department does not provide hospital/medical insurance coverage for people participating in sponsored activities. Further, the Department does not provide hospital/medical coverage for Department sponsored activities. Participants are encouraged to obtain their own insurance coverage prior to and for the duration of the activity they take part in.

WAITING LISTS

When you register for a program, please check the "waiting list" box to indicate if you would like to be put on a waiting list in the event of a full program. The Department will make every effort to accommodate those on the waiting lists (adding classes if possible, etc.). If any openings become available, you will then be contacted for payment.

AM I A RESIDENT?

Any person who resides in/pays taxes to the City or Village of Pewaukee is a resident and pays the resident rate. Any business that is in/pays taxes to the City or Village of Pewaukee pays resident rates. All other individuals or businesses are considered non-residents.

TRIBUTE TREE PROGRAM

The Pewaukee Parks & Recreation Department offers a Tribute Tree Program for individuals interested in planting a tree in the park system in memory of a special person. Please contact the Department at 262.691.7275 for more information. The Department plants trees during the spring and fall season.

DEPARTMENT SALES TAX

Sales tax is included in all activities in the program fee in accordance with the Department of Revenue laws.

CLASS CANCELLATIONS DUE TO WEATHER

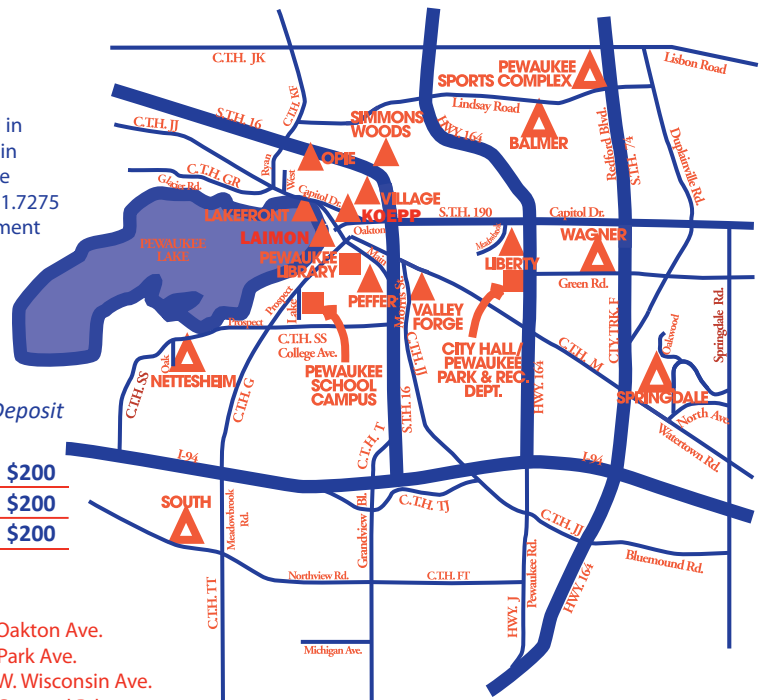
For information on cancelled classes/trips due to inclement weather, you will be contacted via email or text. We will make every effort to reschedule cancelled programs.

NOTICE OF NON-DISCRIMINATION POLICY

It is the policy of the Pewaukee Parks and Recreation Department that no person shall, on the basis of race, color, national origin, sex, age or handicap, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity, including employment.

TYPO - WE GOOFED?!

Occasionally there may be a misprint within this program guide. We will make every effort to correct the error as soon as possible. We reserve the right to change program schedules as needed to accommodate demand or building use conflicts.



Village Parks

HJ Koeppe Park.....201 Oakton Ave.
Laimon Fmly Lakeside..129 Park Ave.
Lakefront.....222 W. Wisconsin Ave.
Liberty.....440 Concord Rd.
Opie.....450 West St.
Peffer.....330 Main St.
Simmons Woods.....889 Cecelia Dr.
Valley Forge.....206 Morris St.
Kiwanis Village.....325 Capitol Dr.